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| Name: mr.kiran | Reg No: 6-7SMMHC18 |
| Age / Sex:22/m | Contact No:9611676760 |
| Marital Status:single | Date:12/7/18 |
| Occupation:civil contracter. | Dr. |
| Address: | DIAGNOSIS- |

1. BLACKISH TANNING OF SKIN ON FS OF HANDS.FACE AND EXPOSED AREAS OF ARMS. NECK

LIKE H SHAPED BLACK COLOR ON FACE.

AN YEAR BACK ON SOME WORK WAS EXPOSED TO SUN A LOT AFTER THT SPREADS. BEFORE HAD DARK CIRCLES.

1. PAIN IN THE RETROSTERNAL. < NIGHT, BEFOR EATING.> EATING BUT AGAIN STARTS AFTER A WHILE. TOOK SOME TABLETS FOR WEIGHT LOSS IN AYURRVEDIC AFTER WHICH PAIN STARTED.
2. WEIGHT GAIN 1 AND HALF YEAR.
3. HEADACHE < SUNLIGHT. > EVENING.
4. BACKPAIN MORE IN THE MIDDLE REGION < NIGHT IMM AFTER LYING DOWN FR 10 MIN, DRIVING.

PAST H/O:

* NS

FAMILY H/O:

* P GP: DM
* MGP: DM, PACTREATITIS,

PERSONAL H/O :

* MIXED.
* AVERSION: FRUITS.
* DESIRES: NON VEG, CHICKNE AND FISH.
* BOWELS - .
* SWEAT: PROFUSE

RX:

1. BOERHOEVIA Q+ PHYTO LACCA B- 10-10-10 DROPS A/F OOD WATER
2. NAT CARB 200 – 4 DOSES – WEEKLY B.FOOD.
3. BERB AQ Q – 20 – 0 20 DROPS WATER TO WASH FACE.
4. THUJA 1M – 1 DOSE .
5. RUB 30 – NT 1/BFOOD.

30/11/18: THROAT PAIN FROM 2 DAYS . HOTEL FOOD. COUGH DRY MORNING N NIGHT.

RX:

1. RHUS TOX 200+ HEPAR SULPH 200 + BRYONIA 200 – 4-4-4-4-4
2. NAT SUPH 12X 4-4-4-4-4